

THE OUTCOMES



Freedom from limiting beliefs & patterns



Skills to navigate life transitions



Confidence in your boundaries



Less reaction, more response



Mastery of your inner wilderness



More emotional resilience

You were born with natural gifts.

A truly singular purpose.

And the power to change our world.

Like so many humans, you took a safe, conventional path into adulthood. But it limited your potential.

A shift in perspective and a little guidance can help you blaze a new trail.

I help successful, curious professionals rediscover themselves with psychedelic medicine grounded in science and rooted in the earth. Let's go deep.

“After leaving the corporate world to spend time with my daughter, Cynthia helped me clear away the noise and focus on what steps I could take to create my optimal life.”

– E.K., Director of Community Engagement, Intersect Power

“I wanted to find the “right guide” for my psilocybin journey. Luckily, I was referred to Cynthia. She was by my side the whole time, and I came away from the experience feeling more content, organized, and settled.”

–B.F. Retired Health Care CEO, Edwards, CO



CYNTHIA ALLEN

- 15 years in corporate oil and gas
- Trained Psychedelic Facilitator
- Certified **Nature-Connected Coach**
- Certified **Power Yoga Teacher**
- Obsessed with my dog and neurobiology
- Triathlete and inter-dimensional traveler



The power to heal is waiting within you.
When you're ready to reclaim it, let's connect.